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Received: December 7, 2023 Accepted: January 9, 2023 Online Published: January 12, 2024

doi:10.11114/smc.v12i1.6602 URL: https://doi.org/10.11114/smc.v12i1.6602

Abstract

In the last decade, Chinese independent documentaries have witnessed a profound transformation. While mainstream Chinese documentaries have been extensively examined in scholarly research, there remains a noticeable gap in the comprehensive analysis of independent documentaries from 2012 to 2022. This study employs a systematic literature review methodology to provide a holistic assessment of the evolution of Chinese independent documentaries during this pivotal period. It delves into various dimensions, encompassing the impact of political dynamics, funding mechanisms, the selection of film themes, ethical considerations, distribution challenges, and documentary filmmakers’ perspectives. By conducting a rigorous qualitative analysis of approximately 47 scholarly articles from the specialized journal Chinese Independent Cinema Observer and the academic database Scopus, this research reveals the nuanced progression of independent documentaries within China’s dynamic cultural, social, and political context. Preliminary insights from the selected research articles indicate a focused understanding and interest in societal hotspots and political censorship issues within independent documentaries. Furthermore, this research focuses on the unique challenges and opportunities encountered by Chinese independent documentaries during the phases of dissemination and reception. This study offers scholars a profound comprehension of the Chinese independent documentary landscape and provides invaluable strategic insights for producers and distributors.

Keywords: Chinese independent documentaries, genre of evolution, film censorship, socio-cultural impact, film distribution and digital media

1. Introduction

1.1 Background of Study

In the realm of Chinese independent documentaries, a distinctive emphasis has been placed on portraying the challenges faced by ordinary individuals, offering an in-depth perspective on their experiences amidst complex societal challenges. These documentaries have evolved into a form of alternative media, characterized fundamentally as “observational” and influenced by the “direct cinema” technique. This approach starkly contrasts with mainstream, entertainment-focused commercial films, enabling filmmakers to explore unconventional narrative methods and introduce fresh ideas and innovative storytelling techniques (Viviani, 2014; Edwards & Svensson, 2017; Edwards, 2015). The influence of these documentaries extends beyond content creation to distribution and digital media, serving as tools for qualitative research and facilitating the dissemination of knowledge to specific audiences (Borish et al., 2021). However, they also face challenges posed by the censorship regime, especially since 2012, when the tightening of film censorship has made the dissemination of independent films more difficult. Thus, the topic of film censorship remains an underexplored area in independent film studies (Fang, 2018). Despite these challenges, independent documentaries have made significant contributions to civic culture, reflecting an aesthetic of observation that stimulates reflection and discussion (Troost, 2022).

This study aims to fill the research gap in the development of Chinese independent documentaries from 2012 to 2022. Through a systematic literature review, it comprehensively assesses the overall trends and transformations of this crucial
decade, with a focus on the complex interplay between artistic expression, political constraints, and societal expectations. Given the growing global interest in Chinese cinema and its role in cultural diplomacy and international communication, the findings of this study are of great importance for understanding the evolution of Chinese independent documentaries and providing theoretical and practical guidance for the future development of the Chinese film industry.

1.2 The Problem of Study

The evolution of Chinese independent documentaries between 2012 and 2022 presents a complex ecosystem where film censorship policies, financial constraints, ethical considerations, and distribution challenges intertwine. The first dimension of this complexity stems from the profound influence of film censorship policies on filmmakers' thematic and narrative choices. The constraints of film censorship policies have profoundly impacted the thematic and narrative strategies of documentary filmmakers, compelling them to find a balance between artistic freedom and censorship constraints. This pursuit of balance is not only a direct response to the censorship system but also a subtle adaptation to the socio-political environment in China (Schultz & Mello, 2023).

Additionally, the financial sustainability of independent documentaries posed another key challenge. As Cao (2023) noted, the instability of funding significantly impacted the quality and continuity of production. While some funding bodies continued to support a segment of documentary filmmakers, the sensitivity of the subject matter was greatly reduced. Moreover, the independent filmmakers often found themselves constrained and influenced by official policies and investor preferences (Wang, 2010).

According to Sanders (2010), documentary filmmaking involves decision-making and dealing with ethical constraints. Therefore, ethical issues inevitably arise in every stage of the production process. In understanding documentary practices, ethics should be a crucial consideration (Chiu, 2015). Furthermore, the ethical responsibilities of documentary filmmakers in engaging with their subjects have been emphasized, with discussions on the need for non-coercive atmospheres and informed consent when filming vulnerable or sensitive subjects (Hakola, 2023). This underscores the ethical considerations surrounding the representation of individuals and communities in Chinese independent documentaries.

The media landscape profoundly impacts the distribution and audience reception of independent documentaries, particularly within the context of Chinese independent documentaries. The dissemination and acceptance of these documentaries are influenced by various factors, including advancements in new media technologies, promotion through domestic film festivals, and the emergence of international communication (Shaw & Zhang, 2018; Shen, 2015). Additionally, the interactivity and engagement of online documentaries significantly influenced audience reception, as they offered unique immersive viewing experiences that affected how audiences participated in and interpreted the content of the documentaries. Ducasse et al. (2020) and Nash (2012) highlighted this aspect in their studies. However, the dissemination of these documentaries through online platforms and both domestic and international film festivals faced challenges such as limited resources and the unpredictability of success (Fan, 2013; Wu, 2017). Previous research clearly indicated that the distribution issues of Chinese independent documentaries were closely linked to censorship policies, limited distribution opportunities, and the ever-changing media landscape, posing significant challenges for filmmakers in reaching diverse audiences and navigating the complex media environment in China (Shen, 2015).

While scholars have identified certain issues within the study of Chinese independent documentaries, a comprehensive understanding of the extent and specifics of these issues remains elusive without a systematic review of the literature. This paper has conducted a systematic literature review on the evolution trends of Chinese independent documentaries over the past decade, aiming to uncover new and valuable insights. Through a structured exploration of four key dimensions—film censorship policies, financial sustainability, ethical considerations, and distribution challenges—this study seeks to provide a comprehensive assessment of the evolution of Chinese independent documentaries. It reflects the resilience and creativity of filmmakers in a rapidly changing socio-political and media environment, thereby attempting to address the following research questions (RQ):

RQ1: How have socio-cultural dynamics and film censorship policies affected the themes and narratives of independent documentaries in China from 2012 to 2022?

RQ2: What impact has the democratization of digital media had on the production, distribution, and reception of Chinese independent documentaries from 2012 to 2022?

This study focuses on the evolution of Chinese independent documentaries between 2012 and 2022, emphasizing the importance of understanding the interplay among artistic expression, censorship dynamics, socio-cultural changes, and digital dissemination. Employing a systematic literature review approach, this research aims to reveal how these documentaries navigate the complex socio-political environment, contributing to academic discourse and practical applications in the field. This methodology goes beyond subjective interpretations, offering a comprehensive analysis that addresses key questions about the contemporary evolution and impact of these documentaries.
2. Literature Review

The landscape of Chinese independent documentaries has witnessed a profound transformation over the past decade, capturing the attention of scholars and cinephiles alike. This literature review delves into systematically exploring this evolution, spanning 2012 to 2022, to understand the genre's diverse facets comprehensively. Scholarly attention in this period has notably expanded beyond traditional mainstream Chinese cinema to focus on the nuanced world of independent documentaries. A pivotal theme from this body of literature is the remarkable increase in documentary production. These works have grown exponentially, documenting societal shifts mirroring the broader expansion of China's film industry (Edwards & Svensson, 2017). Scholars have meticulously documented this rise, emphasizing the genre's newfound prominence as a vital form of cultural expression.

Another focal point in the literature revolves around diversifying themes within Chinese independent documentaries. Historically confined to specific subjects, the genre has embraced various topics, including environmental issues, social hotspots, personal narratives, and cultural Heritage. This thematic expansion reflects the genre's adaptability and capacity to mirror Chinese society's multifaceted nature (Schultz & Mello, 2023). The exploration of how filmmakers navigate censorship sensitivities, employing metaphors and symbolism to address societal challenges, stands out as a crucial area of inquiry. Works by Holton (2022) illuminate documentary creators' innovative strategies to navigate the complex socio-political landscape, highlighting the subtle ways filmmakers comment on social issues within the constraints imposed by censorship.

The impact of digital media on the dissemination and reception of independent documentaries has also been a subject of keen interest. The rise of online platforms and the consequent democratization of access have reshaped the audience-documentary relationship. Scholars like Berry (1998) have examined the interactive engagement between creators and viewers, exploring how digital platforms foster dialogue and cross-cultural exchange. Furthermore, studies by Koçer (2015) delve into the role of social media in amplifying the reach of independent documentaries, suggesting that digital platforms have become critical in shaping the public discourse around these films.

3. Research Methodology

A rigorous and nuanced research methodology is essential for the comprehensive review of Chinese independent documentaries from 2012 to 2022. This section outlines the research method employed in this study, offering insights into the strategies used to gather and analyse the relevant literature and sources.

3.1 Qualitative Systematic Literature Review Approach

At the core of this research is the systematic literature review approach. This method provides a structured and comprehensive framework for collecting, evaluating, and synthesizing relevant scholarly works, ensuring the reliability and validity of the findings. The systematic approach identifies key themes, trends, and insights within the body of literature, ensuring a holistic understanding of the evolution of Chinese independent documentaries.

The selection of a qualitative research approach in this study is driven by the need to deeply understand the intricate dynamics within Chinese independent documentaries. Qualitative methods are particularly adept at capturing the subtleties and complexities inherent in cultural and artistic expressions, which are central to this genre (Denzin & Lincoln, 2011). Unlike quantitative methods that focus on numerical data, qualitative research allows for a more nuanced exploration of themes, narratives, and the socio-political context surrounding these documentaries. This approach is essential for comprehensively understanding the impact of censorship, digital media evolution, and socio-cultural shifts on the documentary filmmaking process and content.

Additionally, the qualitative systematic literature review method offers a structured yet flexible framework to synthesize diverse perspectives and insights from a range of scholarly works. This method is particularly effective in identifying patterns, themes, and narratives that might be overlooked in quantitative analyses, thereby providing a richer and more holistic understanding of the subject matter (Sandelski & Barroso, 2007). By employing this approach, the study aims to offer a comprehensive assessment of the evolution of Chinese independent documentaries, reflecting the resilience and creativity of filmmakers in a rapidly changing socio-political and media environment.

3.2 Data Sources

This study's primary data is sourced from the specialized journal *Chinese Independent Cinema Observer*, a bilingual, peer-reviewed publication dedicated to examining the evolution and development of Chinese independent documentary filmmaking. Alongside this journal, the most relevant and specific source for our research, the Scopus database, is utilized as a supplementary source to enrich the analysis. For bibliometric analysis, researchers often resort to various databases, including the openly accessible Google Scholar, the subscription-based Scopus, and the Web of Science Core Collection. We have opted for Scopus as our primary data repository in this study. This preference stems from the limitations of Google Scholar in filtering information despite its extensive retrieval capabilities (Harzing & Alakangas, 2016). Scopus
distinguishes itself with precise document categorization and high-quality metadata analysis (Visser et al., 2021). Moreover, Scopus offers more comprehensive coverage than the Web of Science Core Collection, especially in social sciences (Martín-Martín et al., 2021). Hence, for our analysis, Scopus is a more suitable analytical tool. These sources were selected due to their focus on Chinese independent documentaries and their accessibility to various academic materials. Combining a specialized journal and a comprehensive database ensures a comprehensive and well-rounded dataset.

3.3 Data Collection and Analysis
To fulfil the stated objectives and draw upon interpretivist epistemological designs from previous retrospective studies, this review utilized the PRISMA guidelines to conduct systematic reviews within the social sciences (Moher et al., 2009; Kong et al., 2023). PRISMA is distinguished by three principal strengths: (a) the clarification of research questions, (b) the precision of selection criteria (inclusion and exclusion standards), and (c) the execution of timely and appropriate database searches (Sierra-Correa & Kintz, 2015; Tang et. al, 2021). Hence, PRISMA enabled a stringent search and coding of scientific studies pertinent to Chinese independent documentaries. In the initial phase, researchers employed a focused search using keywords such as “Independent documentaries” and its various derivatives, along with other relevant research terms. The final search strings incorporated SR-related keywords in conjunction with Boolean operators: “Independent documentaries” OR “Independent films” OR “Independent cinema” OR “Personal films” OR “Independent film festival” OR “documentary production” OR “documentary themes” OR “documentary aesthetics,” OR “documentary distribution” AND “Chinese” OR “China”. This stage resulted in retrieving 93 records from Scopus, and 75 articles manually searched from the journal Chinese Independent Cinema Observer. After excluding irrelevant and duplicate documents, 128 valid documents were retained (refer to Figure 1).

The second stage of the systematic evaluation involved filtering based on inclusion and exclusion criteria. Initially, the timeline was set from 2012 to 2022, covering a decade. Only research articles published in journals were selected; reviews, books, preprints, serials, theses, and conference proceedings were excluded. Language was the third criterion; to surmount language barriers and reduce the potential distortion of meaning through translation, only publications in English and Mandarin were considered. Moreover, in alignment with the research aims, articles were manually reviewed for their titles, abstracts, results, and findings, including only those addressing pertinent issues related to Chinese independent documentaries, such as censorship policies, funding, distribution, and thematic choices. After further manual screening, 47 full-text articles were deemed eligible for qualitative synthesis. The specific query process is illustrated in Figure 1. Following data collection, a qualitative analysis approach was applied. The selected articles were meticulously reviewed and coded to extract relevant themes, trends, and insights. This process involved the identification of key findings related to the development trends and evolution of themes, political and social Impact, and the role of digital media in Chinese independent documentaries. Through this analysis, a rich tapestry of information was woven, enabling a comprehensive understanding of the research objectives.
3.4 Ethical Considerations

Throughout the research process, ethical considerations were upheld. Proper citations and references were used to acknowledge the original authors and sources. The research adhered to academic integrity standards, ensuring that all data and findings were accurately represented and attributed to their respective sources.

4. Research Findings

The systematic review of the literature on Chinese independent documentaries from 2012 to 2022 has unveiled a rich tapestry of findings and insights. These results provide a nuanced understanding of the development trends, political and social Impact, and the role of digital media in the realm of Chinese independent documentaries. Delving into a decade's worth of data from the “Chinese Independent Cinema Observer” and the Scopus database, the analysis has distilled four predominant themes that characterize the landscape of Chinese independent documentaries: ⅰ. Development Trends and Evolution of Themes; ⅱ. The Impact of Film Censorship Systems; ⅲ. The Influence of Socio-Cultural Dynamics; ⅳ. Digital Media and Communication Platforms. These themes form the pillars of our understanding and are elaborated upon in the following sections.
4.1 Development Trends and Evolution of Genres
The research revealed a significant increase in the production of Chinese independent documentaries over the past decade. This surge indicates a growing interest in this form of expression, driven in part by the accessibility of digital media. Moreover, the research underscored the diversity of creators within this genre, encompassing filmmakers of various ages, genders, and geographical locations. This demographic shift has enriched the perspectives and narratives within independent documentaries, contributing to a more inclusive and representative landscape.

The diversification of themes within independent documentaries was another notable finding. Themes have expanded from traditional subjects to encompass pressing societal issues, personal narratives, and the preservation of cultural Heritage. The Insights of articles from the Chinese Independent Cinema Observer have been instrumental in highlighting these development trends and the thematic evolution that has occurred, reflecting Chinese society's changing concerns and interests. The themes explored in these documentaries offer a window into the complexities of modern China, bridging the gap between different generations, regions, and social backgrounds.

4.2 The Impact of Film Censorship Systems
The study highlights the resourcefulness of documentary filmmakers as they navigate the evolving landscape of film censorship, employing metaphors, symbolism, and nuanced storytelling to explore pressing societal issues within the established guidelines. Independent documentaries have become a cornerstone for initiating vital societal dialogues and fostering insightful debates (Ford & Fei, 2023). These narratives have heightened public awareness, prompting discussions on environmental and social concerns. They act as harbingers of change, encouraging community involvement and social stewardship. The research also notes the influence of increased restrictions in film censorship on the creative strategies of filmmakers. The tightening of censorship has necessitated innovative adaptations by documentary creators, who strive to maintain their artistic integrity while engaging with a dynamic socio-cultural environment. This intricate dance between creative expression and censorship offers a window into independent filmmakers' unique challenges in China.

4.3 The Influence of Socio-Cultural Dynamics
The socio-cultural landscape of Chinese independent documentaries vividly captures the diverse facets of society, reflecting on the everyday realities and human experiences that resonate with audiences. These films often delve into the fabric of daily life, offering a window into the nuanced and complex social dynamics that define contemporary China. Through the lens of independent filmmakers, these documentaries bring to light the stories and voices that are less heard yet are integral to understanding the broader societal narrative.

A review of literature from the Scopus database reveals a pattern of analysis focusing on the socio-cultural issues addressed in Chinese independent documentaries. Zhang (2019) reviews the cultural phenomenon of China's "independent cinema" produced by the "sixth-generation auteurs" and the scholarly attention it has received, providing insights into how these films navigate the complexities of cultural norms and societal expectations. The interplay between censorship and documentary filmmaking is not just a narrative of constraint but also of adaptation and resilience, where filmmakers continually find new ways to voice their perspectives on social realities (Courage, 2017).

Focusing on social realities rather than political narratives allows these documentaries to explore themes such as urbanization, cultural Heritage, and the individual's search for identity in a rapidly changing society. Pickowicz (2016) acknowledges the historical evolution of Chinese cinema, noting the emergence of independent documentaries as a significant cultural movement that provides a deeper understanding of these social themes. These works reflect the collective consciousness, subtly engaging with the underlying social currents without delving into political critique. In this way, Chinese independent documentaries contribute to a richer discourse on the human condition, highlighting the importance of social awareness and cultural reflection. They stand as a testament to the power of storytelling in capturing the essence of societal shifts and the lived experiences of individuals within the vast tapestry of China's social landscape.

4.4 Digital Media and Communication Platforms
The Impact of digital media on the dissemination of independent documentaries has been transformative. Online platforms have democratized access to these films, transcending geographical and logistical barriers. Audiences can now explore a wide range of themes and narrative styles from the comfort of their homes, reflecting the richness and complexity of modern China (Flew et al., 2019). Moreover, the digital realm has fostered interactive engagement between creators and audiences, making documentary-watching a collective journey of exploration and understanding. The international exchange of documentaries has been dramatically facilitated, contributing to cross-cultural understanding and breaking down stereotypes.

An in-depth analysis of the literature from the Chinese Independent Cinema Observer journal and the Scopus database has revealed four key themes within Chinese independent documentaries. These themes trace the developmental trajectory
of independent documentaries and showcase their role within Chinese society and their interaction with audiences through digital media. These findings afford us a comprehensive perspective to understand Chinese independent documentaries' current state and potential future.

![Pie Chart]

Figure 2. Distribution of Key Themes in the selected articles

The Figure 2 illustrates the multifaceted landscape of Chinese independent documentaries from 2012 to 2022, providing a comprehensive overview of the key themes and concerns that have shaped this cinematic realm. The pie chart analysis reveals several prominent areas of focus, each offering unique insights into the evolution and dynamics of Chinese independent documentaries. As depicted in Figure 2, the selected literature predominantly concentrates on societal hotspots and political censorship challenges in independent documentaries, as evidenced by the chart's data distribution.

Specifically, the societal Hotspots (38%): The largest segment of the pie chart is dedicated to societal hotspots, constituting 38% of the documentary landscape. It suggests a significant emphasis on capturing and exploring issues that resonate with the social fabric of contemporary China. Documentaries within this category likely delve into pressing societal concerns, offering a lens into the complexities and nuances of Chinese life. Political and Film Censorship Issues (24%): The sizeable portion allocated to political and film censorship issues, at 24%, underscores the pervasive influence of political dynamics on independent documentaries. This theme suggests a keen awareness and engagement with the challenges filmmakers face in navigating the regulatory landscape, offering audiences a glimpse into the struggles and triumphs associated with preserving artistic integrity. Aesthetic Impact (15%): The 15% dedicated to aesthetic Impact indicates a recognition of the artistic dimensions of Chinese independent documentaries. Filmmakers within this category prioritize visual storytelling, exploring innovative narrative techniques and cinematic styles to convey their messages. This emphasis on aesthetics contributes to the evolving language of Chinese independent filmmaking. Cultural Heritage (9%): The slice representing cultural Heritage at 10% suggests a deliberate effort to explore and document China's rich cultural tapestry. Documentaries within this category may focus on preserving and showcasing diverse aspects of Chinese Heritage, contributing to a broader understanding of the nation's historical and cultural roots. Distribution Issues (24%): Distribution issues, also at 24%, highlight the challenges associated with bringing independent documentaries to audiences. This theme suggests a keen awareness of the logistical and infrastructural hurdles filmmakers encounter to ensure their work reaches viewers. It reflects a pragmatic concern for the accessibility and reach of these documentaries.

5. Research Discussion

This study explores the evolution and socio-cultural Impact of Chinese independent documentaries from 2012 to 2022. By systematically selecting and thoroughly analysing 47 research articles, we have revealed the diversification trends in themes, aesthetic expressions, and modes of dissemination in independent documentaries. These trends reflect not only the transformation of Chinese society and the gradual evolution of film censorship systems but also the filmmakers' efforts to balance artistic creation with social responsibility.
Thematicall, independent documentaries have expanded from traditional social issues to explorations of personal narratives and cultural heritage, signifying creators’ profound reflection on social realities and awakening cultural consciousness. In terms of aesthetic style, there has been a shift from traditional documentary techniques to more experimental and narrative forms of expression, showcasing creators’ exploration and innovation in visual language. The rise of digital media platforms has provided new distribution channels for independent documentaries and established more direct interactions and communication bridges between audiences and creators.

5.1 Development Trends and Evolution of Genres
The evolution of Chinese independent documentaries from 2012 to 2022 represents a captivating journey through the creative landscape, marked by profound shifts in thematic exploration and aesthetic choices. This section explores the development trends and the evolution of themes within independent documentaries. Over the last decade, Chinese independent documentaries have not only multiplied in numbers but have also witnessed a diversification of creators, themes, and aesthetic styles, thus challenging traditional boundaries and pushing the boundaries of storytelling. The evolution of development trends in this context is multifaceted (Edwards & Svensson, 2017). This journey begins with examining the increased production of independent documentaries, indicating a growing interest in this expression. Concurrently, the field has seen a more diverse group of creators emerge, spanning various demographics such as Age, gender, geographical location, and personal backgrounds. These demographic shifts are instrumental in broadening the perspectives, stories, and voices encapsulated in independent documentaries.

The thematic scope of Chinese independent documentaries has dramatically broadened, encompassing a spectrum that ranges from pressing societal hotspots, such as environmental challenges, to intimate personal narratives and explorations of cultural heritage. This diversification of themes mirrors the evolution of societal and cultural concerns in China and illustrates the expanding creative vistas of documentary filmmakers. The transition from traditional documentary styles to experimental visual expressions and innovative narrative forms highlights the creators’ pursuit of pushing the envelope in storytelling and aesthetic innovation (Berry, 2012). This section aims to deconstruct the development trends and thematic evolution within Chinese independent documentaries, demonstrating how these developments embody the shifts in China’s societal culture and emphasize the creators’ exploration and innovation in aesthetics.

A remarkable diversification of themes has characterized the evolution of Chinese independent documentaries over the past decade. This expansion of thematic exploration reflects the changing dynamics of Chinese society and the broadening horizons of documentary creators who have ventured beyond traditional subject matter (Wu, 2022). The result is a diverse and multi-dimensional narrative landscape that weaves together the intricate tapestry of modern China.

5.2.1 Societal Hotspots
According to the literature analysed, the thematic evolution of Chinese independent documentaries has significantly shifted towards an in-depth exploration of societal hotspots. These documentaries have become effective mediums for raising public awareness and fostering social progress, probing into issues that resonate with the populace (Robinson, 2015). Topics such as environmental conservation, social diversity, and the nuances of urban life have emerged as research focal points. Filmmakers engage with these subjects passionately, documenting their multifaceted impacts on individuals and communities. Environmental documentaries reveal the current state of ecological issues and how communities are actively responding and adapting to environmental changes.

LGBTQ+ issues have gained increased visibility in independent documentaries, which explore the realities of this community, promoting societal recognition of gender diversity and equal rights. The theme of urbanization is also a prevalent subject, with documentaries capturing the transformation of urban spaces and the redefinition of cultural identities, reflecting the socio-cultural dynamics behind rapid development.

5.2.2 Personal Stories
In addition to societal issues, independent documentaries have ventured into personal stories. These narratives are profoundly intimate and resonate with viewers on a profound level. Documentary makers are increasingly drawn to the intricacies of individual lives, capturing the essence of personal experiences, struggles, and triumphs. This shift towards personal narratives demonstrates a desire to humanize complex issues, making them relatable on an emotional level. Personal stories featured in independent documentaries span a broad spectrum. They encompass tales of resilience in the face of adversity and moments of joy and celebration. Documentaries explore personal journeys, ranging from migration stories and coming-of-age narratives to exploring family bonds and identity. These narratives offer an emotional entry point for audiences, enabling them to connect with the subjects on a deeply empathetic level. The power of personal storytelling lies in its ability to transcend geographical, cultural, and linguistic barriers, fostering a global understanding of shared human experiences.
5.2.3 Cultural Heritage
A notable theme in diversifying documentary subjects is the exploration of cultural Heritage. Filmmakers have increasingly focused on preserving and celebrating China's rich cultural tapestry. These documentaries delve into traditional art forms, customs, rituals, and historical legacies that are dangerously fading into obscurity.

By documenting cultural Heritage, independent documentaries play a crucial role in bridging the past and the present. They provide a platform for artists, artisans, and custodians of cultural traditions to share their knowledge and skills with a broader audience. In doing so, they ensure these traditions are preserved and passed on to future generations. This theme reflects a deep appreciation for the cultural diversity within China and a commitment to safeguarding these invaluable aspects of the nation's identity.

5.3 Introduction to Aesthetic Styles
The evolution of Chinese independent documentaries from 2012 to 2022 encompasses thematic diversification and entails a remarkable journey through the shifting sands of aesthetic styles. This section explores the dynamic evolution of aesthetic styles in Chinese independent documentaries, encapsulating a decade of experimentation, innovation, and boundary-pushing in cinematic expression (Laughlin, 2019). The metamorphosis of aesthetic styles within independent documentaries reflects the ongoing quest of filmmakers to break free from conventional norms and explore new horizons. This journey evolves from traditional documentary aesthetics to experimental visual expressions and narrative innovations. Documentary creators have embarked on a relentless quest to reimagine the visual language, challenging the established paradigms and enriching the cinematic experience.

As the language of independent documentaries transforms, the aesthetics within these films shift from the conventional to the avant-garde, from the expected to the surprising. This transformation is not merely a cosmetic alteration but a profound reimagining of how visual storytelling can evoke emotions, provoke thoughts, and engage audiences in novel ways.

This section delves into the multifaceted aspects of this transformation, examining how creators have embraced new forms of storytelling, visual techniques, and narrative structures (Laughlin, 2019). It underscores the creative daring of documentary filmmakers who have ventured into uncharted territories, pushing the boundaries of what is cinematically possible. The evolution of aesthetic styles is not an isolated phenomenon but is intricately intertwined with the changing thematic concerns of independent documentaries. As filmmakers grapple with complex societal issues, personal narratives, and cultural Heritage, they employ aesthetic styles to enhance the narrative Impact, create emotional resonance, and deepen audience engagement.

5.3.1 Changes in Aesthetic Styles
The evolution of aesthetic styles within Chinese independent documentaries from 2012 to 2022 represents a transformative journey through the ever-shifting terrain of visual storytelling. This metamorphosis is emblematic of the creative ingenuity and unyielding spirit of filmmakers who have sought to redefine the boundaries of cinematic expression. The journey from traditional documentary aesthetics to adopting experimental visual expressions and narrative innovations reflects a profound reimagining of the essence of independent documentary filmmaking.

5.3.2 Traditional Documentary Styles
Traditional documentary styles were the foundation upon which Chinese independent documentaries initially found their footing. In the early years of this genre's resurgence, filmmakers predominantly adhered to established conventions, including straightforward narratives, observational techniques, and an objective approach to storytelling. While these conventions provided a stable platform for the revival of independent documentary filmmaking in China, they eventually became a canvas for innovation and experimentation.

5.3.3 Experimental Visual Expressions
A significant shift in aesthetic styles emerged as filmmakers explored experimental visual expressions. These expressions introduced a fresh perspective, transcending the boundaries of traditional documentary norms. Creators turned to innovative cinematography, advanced post-production techniques, and the incorporation of artistic elements. This shift introduced a new dimension of storytelling, where documentaries' visual and emotional Impact became paramount. Experimental visual expressions enabled filmmakers to infuse their documentaries with a heightened sense of artistry and creativity. Aesthetic choices that drew from avant-garde cinema, including non-linear narratives, abstract symbolism, and creative use of colour and light, became increasingly prevalent. Such visual experimentation enriched the narrative experience, allowing audiences to engage intellectually and emotionally. This new approach did more than just document events; it sought to capture the essence of an experience, evoke sensations, and provoke profound thought.
5.3.4 Narrative Innovations
The evolution of aesthetic styles also extended to narrative innovations. Filmmakers began to challenge conventional storytelling structures, introducing non-traditional narratives that encouraged viewers to think critically, embrace ambiguity, and actively participate in constructing meaning. This narrative experimentation liberated documentaries from the constraints of linear storytelling and embraced a more non-conformist approach to narrative construction. Narrative innovations allowed a more intimate exploration of the personal stories woven within the broader socio-cultural tapestry. These innovations often blurred the lines between fiction and non-fiction, inviting audiences to ponder the complex relationship between reality and representation. Creators utilized these narrative tools to infuse their documentaries with depth, symbolism, and multi-layered interpretations, amplifying the emotional resonance of their stories.

5.4 Filmmakers' Exploration and Innovation in Aesthetics
Documentary creators' relentless exploration and innovation in aesthetics are central to this evolution. These filmmakers have acted as pioneers, embarking on journeys of self-discovery and artistic expression. Their creative daring has been instrumental in pushing the boundaries of documentary aesthetics and embracing new forms of visual storytelling. Exploring aesthetics was a creative endeavour and a profound commitment to shaping the narrative Impact of documentaries. The aesthetic choices made by creators were pivotal in enhancing the storytelling experience, providing audiences with a sensory journey beyond the visual realm (Zhou, 2021). These filmmakers sought to elicit emotions, challenge preconceived notions, and provoke thought by experimenting with the aesthetics of their work.

The evolution of aesthetic styles within Chinese independent documentaries represents a cinematic revolution that has breathed new life into the genre. As filmmakers move from traditional documentary styles to experimental visual expressions and narrative innovations, they redefine the very essence of what independent documentaries can achieve. The result is a realm of cinematic expression that challenges conventions, invites exploration, and engages audiences on multiple levels, making independent documentaries an integral part of the ever-evolving tapestry of Chinese filmmaking (Zhou, 2021).

5.5 Film Censorship Policy and Creative Expression
This section delves into the Impact of film censorship policy on the creative expression of Chinese independent documentaries from 2012 to 2022, highlighting the research gaps identified in existing literature.

5.5.1 Navigating Expression within Constraints
Independent documentary filmmakers have navigated the constraints of film censorship by employing allegorical and symbolic language to address sensitive topics indirectly. This approach signifies a strategic response to censorship and underscores the filmmakers' commitment to creative storytelling within the confines of policy restrictions (McLagan, 2012).

5.5.2 Engaging with Societal Focus Points under Censorship
Independent documentaries have managed to engage with societal focus points, such as environmental concerns and the nuances of urbanization, drawing public attention to these critical issues despite the restrictive environment. While these documentaries have sparked discussions among niche audiences, the literature suggests the need for broader engagement strategies to amplify their Impact within the societal framework (McLagan, 2012).

5.6 Digital Media and Communication Platforms
The landscape of documentary filmmaking in China, particularly in independent documentaries, has been fundamentally reshaped by the rise of digital media and communication platforms. This introduction sets the stage for a comprehensive exploration of the transformative Impact of digital media on the dissemination of documentaries (Flew et al., 2019). Over the past decade, the surge in online platforms and the profound engagement of audiences within the digital realm have brought forth new horizons, empowering filmmakers and enriching the documentary-watching experience.

5.6.1 Rise of Online Platforms
The rise of online platforms within the sphere of documentary dissemination has been nothing short of revolutionary. These digital platforms have democratized access to independent documentaries, breaking down the geographical and logistical barriers that traditionally hindered the distribution of such films. As audiences increasingly turn to online platforms for their documentary fix, the significance of this transformation becomes evident. Online platforms have offered a global stage for independent documentaries, providing them with the visibility and accessibility they deserve (Flew et al., 2019). These platforms, spanning video-sharing websites and streaming services, have become the modern-day venues for showcasing documentary narratives (Tiwary, 2024). Filmmakers have found in them not just a distribution channel but also a means to transcend borders, sharing their stories with audiences far beyond their immediate geographical reach. Moreover, these platforms have diversified the types of documentaries available. Audiences can now
explore various subjects, themes, and narrative styles from the comfort of their homes. This content diversification reflects modern China's richness and complexity, catering to various interests and preferences.

5.6.2 Audience Interaction and International Exchange

One of the most transformative aspects of the digital media revolution is the profound change it has brought to the relationship between documentary creators and their audiences. The digital realm has nurtured an environment of interactive engagement, allowing viewers to actively participate in the documentary-watching experience (Zhou, 2021). This interaction extends beyond passive viewing to active discussions, debates, and even contributions to the storytelling process (Robinson, 2023). Digital media has provided a platform for audiences to express their thoughts, share insights, and engage in dialogues around the documentary themes. Social media channels and comment sections have become vibrant spaces for the exchange of ideas, the voicing of concerns, and the forging of connections. This direct and immediate interaction has enriched the documentary-watching experience, transforming it into a collective journey of exploration and understanding. Furthermore, digital media has dramatically facilitated the international exchange of documentaries (Schultz & Mello, 2023). Independent documentaries from China have found global audiences and resonated with viewers worldwide. This international exposure has broadened the horizons of Chinese documentary creators and offered a unique window into Chinese society and culture for global audiences. In turn, international audiences have embraced Chinese independent documentaries, appreciating the diverse narratives that reflect the complexities of China.

This exchange has contributed to cross-cultural understanding, breaking down stereotypes and fostering a more nuanced perspective of China on the global stage. The rise of digital media and communication platforms has ushered in a new era for Chinese independent documentaries. These platforms have revolutionized distribution, offering filmmakers a global narrative stage. Simultaneously, digital media has transformed audiences into active participants in the documentary-watching experience, fostering engagement and international exchange (Nime, 2012).

6. Conclusion and Recommendations

This systematic review has offered profound insights into the multifaceted nature of Chinese independent documentaries from 2012 to 2022, revealing the intricate interplay between themes, creators, politics, society, and digital media. The decade has seen a significant surge in the production of independent documentaries in China, marked by a diversification of creators and a broadening of themes from traditional subjects to societal issues, personal stories, and cultural heritage. This shift reflects the dynamic changes in the concerns and interests of Chinese society. More importantly, the focus on societal issues and political censorship in Chinese independent documentaries reflects the nation’s stringent censorship regime and filmmakers’ efforts to navigate and portray China’s complex socio-political realities.

Despite the limitations of focusing on data from a single journal and database over ten years and considering only works published in English and Mandarin, the analysis of 47 articles highlights the genre's growth and thematic richness. Future research should explore the lasting impact of policy changes on creative practices, the dynamics of transnational collaborations, and the societal influence of these documentaries. These findings not only reveal the complexities of Chinese independent documentaries but also offer new perspectives on their implications for global film trends. This study provides valuable insights for filmmakers, distributors, and scholars, contributing to a deeper understanding of the evolving landscape of Chinese independent documentary filmmaking.

Acknowledgments

We greatly appreciate the valuable contributions of our community advisory committee members. We would also like to thank the those who contributed to the completion of this study.

Authors contributions

Anting Wang undertook the primary responsibilities for the research design, data collection, and drafting of the original manuscript. Meanwhile, Associate Professor Dr. Nizam Osman specifically took the lead in drafting and revising the manuscript. Dr. Megat, Associate Professor Dr. Ain, and Professor Dr. Ying Cui also contributed to its revision. All authors read and approved the final manuscript.

Funding

Not applicable.

Competing interests

The authors declare that they have no known competing financial interests or personal relationships that could have appeared to influence the work reported in this paper.

Informed consent

Obtained.
Ethics approval
The Publication Ethics Committee of the Redfame Publishing.
The journal’s policies adhere to the Core Practices established by the Committee on Publication Ethics (COPE).

Provenance and peer review
Not commissioned; externally double-blind peer reviewed.

Data availability statement
The data that support the findings of this study are available on request from the corresponding author. The data are not publicly available due to privacy or ethical restrictions.

Data sharing statement
No additional data are available.

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https://doi.org/10.1080/13576275.2021.1946025


