

The Positive Effect of Evaluation on Improving E-learning Courses Addressed to Adults: A Case Study on the Evolution of the GSLLLY Courses in Greece over a Decade

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Abstract

The General Secretariat for Lifelong Learning and Youth (GSLLLY), the strategic national entity for Adult Education in Greece, has designed and implemented various e-learning courses offering flexibility beyond time and space restrictions. The courses run in two consecutive periods, the first one from 2008 to 2011 and the second one from 2014 to 2016. This paper is focusing on key design and implementation features of the courses in both periods and is analyzing the ways and the level by which the evaluation of the courses of the first period affected positively the design of the courses in the second period by enhancing the strengths and rectifying the weaknesses. Further on the evaluation results of the second period courses clearly showed that the majority of the first period problems have been solved and provided useful material for further improvement.

Keywords: e-Lifelong Learning Centers (e-LLLC), e-learning, online teaching, adult education, evaluation

1. Introduction

The General Secretariat for Lifelong Learning and Youth (GSLLLY) is the strategic national entity for Adult Education in Greece. The GSLLLY has been a pioneer in adult education for more than 30 years, through the design and implementation of courses addressed to the general population as well as to vulnerable social groups. The majority of these courses have been implemented face to face while in the last decade the exploitation of Information and Communication Technologies has allowed the design and implementation of e-learning courses, making knowledge accessible to larger groups, without the limitations of time and space (Bonk, 2009; Paneer Selvam, 2009).

In the present paper, the key features on design and implementation of the courses run over two periods - 2008 to 2011 and 2014 to 2016 - are examined while focusing on how and to what extent the evaluation of the first period courses have been used to improve design and implementation of the second period courses. Furthermore, the main results of the second period courses evaluation are presented, with suggestions for improvement of similar courses in the future.

2. The First Period Courses: 2008-2011

These courses have been the first attempt to materialize e-learning programs and took place from 2008 through 2011 at national scale. The courses were co-financed by the European Social Fund and national resources; they were designed by the GSLLLY and implemented by the Institute for Continuing Adult Education (IDEKE in Greek) under the supervision of GSLLLY.

The courses provided free e-learning to any interested citizen, over 18 years old with the sole prerequisite of certification on basic computer skills. Learners were selected by draw as the number of applications exceeded the number of positions available.

The courses were addressed mainly at learners who had completed secondary education and wanted to upgrade their knowledge and skills or acquire new ones in the following thematic areas:

- Information and Communication Technologies-250 hours
- Economy-Management-Enterprise-250 hours

- Environment and Sustainable Development-250 hours
- Culture-Tourism-Regional Development-250 hours
- Social Economy & Entrepreneurship-125 hours

Each thematic area was divided into 5 modules, 50 hours each, except the last one, which was divided into only 3 modules. Each module lasted 8 weeks and demanded approximately 6 hours of study per week.

The courses were very popular in Greece as the learners were able to participate at flexible time and place and integrate learning in their daily professional, personal and social program. The courses were attended by 5.886 adults in total (IDEKE, 2011a).

The courses were organized and run by the Distance Learning Center (DLC), through a central unit in Athens and the 27 regional educational units, situated in the 13 prefectures of Greece. The Learning Management System (LMS) which was a customized version of the Moodle platform (version 1.6).

A blended learning model was adopted, combining traditional adult learning methods with distance learning methods. For each module, the learners had three face-to-face meetings which lasted four hours, and took place in the beginning, the middle and the end of the module. The face-to-face classes were held at the regional educational unit of each prefecture, and were mandatory. During the asynchronous learning sessions the learners' obligations were to study the educational material (mainly narrated power point slides and complementary material in the form of word and/or pdf documents), to complete self-assessment and a graded test in each module. The communication tools available were the e-mail and the forum, but their use by the learners was limited. Learners were assessed on their active participation in live meetings, the completion of assignments, as well as on their performance in a final test. At the end of the course, a certification of attendance was provided to all learners who successfully completed the course.

During the same period, the GSLLLY run specialized blended e-learning courses for the training of educators and staff members occupied in all GSLLLY courses. These courses have been attended by 9.243 attendees (IDEKE, 2011b).

2.1 Evaluation of the First Period Courses

The courses have been evaluated through internal and external evaluation.

The internal evaluation was carried out through questionnaires addressed to learners, interviews with the Program Administrator and the IT Administrator, as well as the content analysis of the scientific reports for each thematic area and its modules. The evaluation focused on the quality and specifications of the courses throughout the educational procedure. Fields of evaluation were: the infrastructure, the educational materials, the curriculum, the educators, the instructional methods and techniques, the quality of the outcome regarding the knowledge and the skills acquired by the learners, as well as the usefulness of this knowledge and skills to their personal, professional and social development.

The main conclusions coming out of the internal evaluation were (Pavlis-Korres, 2011; Pavlis-Korres, 2013):

a) The vast majority of the learners found the courses satisfactory and stated that they would like to attend e-learning courses again. Only 0.8% stated that they would not attend another e-learning course and a mere 1.4% stated they would prefer a face to face class.

b) Most learners capitalized the acquired knowledge and skills in their professional and personal life.

c) The educational material needed updating and enrichment, while the full exploitation of multimedia was suggested towards a more interactive environment.

d) The training of educators has been considered necessary on both teaching online and adult education.

e) The obtaining of knowledge and skills in computer use and the learning platform used by the learners was considered necessary before the beginning of the courses.

f) A substantial part of the learners (30.4%) declared that they would prefer synchronous online meetings over face to face ones, but it should be noted that many learners, mainly from remote areas and islands, failed to attend the face to face meetings due to time and cost restrains, as well as difficulties in transportation caused by bad weather.

External evaluation materialized through questionnaires addressed to learners, educators and administrative staff, and interviews with the key persons in the program implementation. Apart from administration and budget issues the main problems spotted, which should be taken into consideration in future design, were (Neoanaylsis, 2011):

a) The educational platform did not fulfill the basic principles of the architectural structure of information and aesthetic in imagery which characterize the modern Learning Management Systems of this type. There was lack of usability, accessibility, and navigation, performance and design with negative results in the educational process, especially for beginners and low experience users. The need for an upgrade of the course software was also stressed.

b) The updating of the educational material and its proper adaptation for the target groups was considered imperative.

c) A low percentage of participation of learners in the platform and the discussions in the forum was observed as the learners were familiarized with its use.

- d) The need to employ educators more experienced in distance and online learning was obvious.
- e) The creation of a teleconference hall to replace the face to face meetings.

Taking into consideration the conclusions of both internal and external evaluation the attendees had the opportunity to obtain, update or upgrade their knowledge, skills, and competencies, complementary to their formal education, their initial vocational training and their previous personal, social and professional experience (Leftheriotou & Pavlis-Korres, 2014).

3. The Second Period Courses: 2014-2016

3.1 Creation of the Municipal E-Lifelong Learning Centers (e-LLLC), also Known as e-Municipal Adult Education Centers

In 2010 the Greek State established the creation of municipal Lifelong Learning Centers, offering educational programs of general adult education (Law 3879/2010).

The geographical particularity of Greece, with many remote mountainous areas and many islands, makes the implementation of conventional face to face educational courses very difficult and expensive. To confront this problem GSLLLY has designed e-learning courses, run through 14 e-LLLC in South Aegean islands with population under 1.500 (GSLLLY, 2012).

The e-LLLC courses offered general adult education aiming, through a multitude of thematic areas, to establish positive attitude towards learning, support equal opportunities to lifelong learning, strengthening of the ability to adapt to the continuously changing socio-economic conditions, participation in the "knowledge and information society", development of active citizenship, creative use of leisure time, improving access to the labor market, as well as the upgrading of the conditions of education, work and social situation of vulnerable group members (e-kdvm, 2015).

3.2 The Design of the Second Period Courses Following the Experience and the Evaluation of the First Period Courses

By reflecting on the basic elements of the evaluations of the first period courses and aiming to enhance the strong points and deal with the weaknesses the design team made a series of choices.

The first choice was the replacement of the face to face meetings by online meetings in synchronous mode, during which the educator and the learners are connected online to the educational platform in real time, enjoying two-way visual and audio communication (Bonk & Cunnigham, 1998; Bonk, Wisher, & Nigrelli, 2005; Melrose & Bergeron, 2007). This way, not only the advantages of e-learning (reduction of transportation cost, lifting of space barriers) are exploited, but through the synchronous education mode the negative consequences of the learners' feeling of isolation, an issue of asynchronous e-learning, are reduced (Pallof & Pratt, 2003; Lally & Barret, 1999).

The educational model proposed by the scientific team was to begin two synchronous online meetings followed by an interchange of asynchronous and synchronous sessions closing with a last synchronous online meeting. Followed the adult education principles the educators were free to adapt the educational model according to the needs and the capabilities of the learners. However, it was suggested that the first and the last sessions should be synchronous as these sessions are most important for the development and the conclusion of the educational process (Pavlis Korres & Nikolopoulou, 2015). The duration of synchronous educational online sessions was 2 to 3 hours.

The Learning Platforms used in e-LLLC were the Moodle for the asynchronous mode and the Big Blue Button (BBB) for the synchronous online sessions. The open source platforms were customized for the needs of the courses aiming to user-friendly and aesthetically attractive environment, as well as easiness of access and navigation. The online environment which resulted from the customization combined with the application of the basic adult education principles was appropriate for the promotion of interaction and communication through the use of various communication and collaborative tools (i.e. teleconference, e-mail, forum, chat, wiki).

The basic problems that had to be dealt with during the design and implementation of the courses, as well the ways to overcome them are presented in Table 1.

Problem description	Who are facing the problem	Ways to overcome the problem
Limited learners' access in the e-course due to lack of equipment on the side of learners	Learners at	Municipal Lab with few computers in common use
Low Internet speed	Learners Educators	Individual connections One connection for all learners in the Municipal Lab
Insufficient technica infrastructure	al Municipality	Provision of rooms equipped with computers and internet connection as a prerequisite for participation in the program
	Learners	Individual connection or use of the municipality computer lab
	Educators	Individual connection and use of microphones and cameras
	INEDIVIM*	Provision of Synchronous (Big Blue Button) and asynchronous (Moodle) educational platform
Technical difficulties before an during the course	d The Responsible person from the Municipality Learners Educators	The existence of a Technical Support Team in INEDIVIM*
Preparation of the participants	Educators	Training courses for the preparation of educators
	Learners	Implementation of 25-hour face to face familiarization courses before the beginning of the e-course
Lack of proper Educationa Material for online courses	al Educators Learners	Creation of new educational material suitable for online courses Training of the educators to create their own educational material

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* INEDIVIM is the evolution of IDEKE as the foundation responsible for the implementation of the courses.

A prerequisite for Municipalities wishing to participate in the project was the availability of either an IT lab, or a room with a number of computers so that citizens without a computer or internet connection at home could participate in e-courses. In fact, in most islands, during the initial online meetings, attendees preferred to gather in such places and participate as a group, with the help of the e-LLLC administrator, a fact that gave to these meetings a special character, different than the one originally designed. As the courses progressed, most courses developed in line with the initial model. There were even groups with attendees coming from different islands, a fact that promoted social networking between them.

Prospective attendees followed an introductory 25-hour face to face course (familiarization with e-learning), to get acquainted with the internet environment of their future e-education. Trainees' familiarization with the interface, according to Hillman, Willis and Gunawardena (1994), is an important factor for the development of the basic types of interaction in an online environment – interaction between educator and learner, interaction between learners and interaction between learner and content (Moore, 1989). By obtaining the skills that allow them to use fluently the e-education systems, learners can interact better with the content, their educator, and their co-learners, thus reducing the drop outs from the course, due to the increase of satisfaction coming from their participation (Rostaminezhad, Mozayani, Norozi, & Iziy, 2013; Levy, 2007; Park & Choi, 2009; Rovai, 2003).

Educators' training in the new e-learning environment is also important, in order for them to respond successfully to the difficult and demanding role of adults' e-educator (Moore & Kearsley, 1996; Savenye, Olina, & Niemczyk, 2001; Pavlis-Korres, 2010). By properly integrating the principles of adult education in an online environment, educators can contribute in confronting the sense of isolation that learners may experience, as well as the development of social interaction between learners and between learners and themselves, enhancing participants' satisfaction and the efficiency of the educational services offered (Gortan & Jereb, 2007; Parker, 1999).

GSLLLY, faithful to its traditional recognition of the importance of the role and training of educators, carried out 3 seminars, in which 41 educators bound to run e-LLLC groups were trained. The seminars took place on-line, using the same synchronous and asynchronous platform, as the one they would use later for their own e-learning groups, while emphasis was given to the integration of adult education principles in an online environment.

As Pavlis Korres and Leftheriotou (2016) specifically stress, one of the main intentions in the development of e-LLLC's has been the integration of the principles and methods of adult education in educational courses using modern technology, the promotion of the digital environment in lifelong learning courses and the development of proper

educational material, suitable for the e-learning of adults. Special attention was given to the educators' training in the development of educational material by using online tools, so that they would be capable of responding to the needs of their own learning group, by adapting or enriching the existing educational material. This was the case in several thematic areas, where the educators covered the shortage of educational material by creating their own.

Recognizing the importance of the educational material (Edelson, 2001; Henderson, Selwyn, & Aston, 2015; Sawang, Newton, & Kieren 2013), a group of specialists in digitizing adapted the educational material that had been developed by the Greek Open University for the existing live classes in LLC's, the result being a multimedia friendly material, promoting interactivity, the use of communication tools for the active participation of learners, the development of collaborative online learning forms, the promotion of the basic types of interaction, as well as critical thinking. Flipping books, animations, quizzes, online individual and group activities, wikis and other tools were created. In a period of two years, 18 thematic objects were digitized, following the demand.

4. Main Findings during Implementation and Evaluation of the Second Period Courses and Discussion

4.1 Findings on the Implementation of the Courses

The courses made available to several Greek islands appealed strongly to a large number of the inhabitants, while there was strong demand for their expansion in the rest of the country, a fact which already planned to materialize. 21 face to face courses on the familiarization with the platform took place and 69 e-learning courses were implemented in the period between October 2014 and June 2016 in which 1.235 learners participated. Table 2 shows the islands in which the 69 courses ran.

Island	Number	Number of citizens
	of courses	(2011 population census)
Kythnos	1	1.436
Serifos	1	1.378
Antiparos	3	1.196
Kasos	4	1.070
Chalki	4	702
Tilos	5	829
Leipsoi	6	784
Folegandros	7	787
Anafi	9	273
Nisiros	9	982
Kimolos	10	899
Astypalaia	10	1.270
Total	69	

Table 2. Number of implemented courses in each island

Table 3. Course	s implemented	l by thematic	subject and	island
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Theme of the course	Number of	Island
	the courses	
Alternative Tourism	2	Anafi (2)
Alternative farming	1	Nisyros,
Anxiety Management	1	Kimolos
Intomoreonal	1	Vimolog
Relations Management	1	KIIII0108
	1	A
Theater workshop	1	Astypalala
Art worksnop	2	Leipsoi, Astypaiaia
Russian Language	2	Nisyros, Tilos
Turkish Language	2	Chalkı, Nısyros
Health Education/	2	Chalki, Anafi,
First Aid		
Internal Decoration	3	Astypalaia, Nisyros, Kythnos
Spanish Language	3	Kasos, Kimolos, Antiparos
Photography	6	Leipsoi, Astypalaia (2), Folegandros (2), Kimolos
Web design	5	Leipsoi, Folegandros (2), Kasos, Anafi
Online tools and services	1	Nisyros
in daily life		•
Domestic beekeeping	3	Anafi (2), Nisyros
Biological Products	5	Leipsoi, Folegandros, Chalki, Anafi, Nisyros
English Language	13	Astypalaia, Kasos, Kimolos (5), Anafi, Nisyros,
6 6 6		Tilos (3), Serifos
Italian Language	16	Leipsoi (2), Astypalaia (4), Folegandros (2), Kasos,
6 . 6		Kimolos, Chalki, Antiparos (2), Anafi, Nisvros,
		Tilos
Total	69	

The thematic subjects of the courses which took place reflected the requests of the inhabitants of each island as presented in Table 3.

Naturally Table 3 shows, as expected, that most courses were on foreign languages (36 courses) due to the fact that islanders' main professional occupation is tourism. Next came creative use of free time (12), agricultural and domestic economy (11 courses), new technologies (6 courses), followed by psychology (2 courses) and health education (2 courses). Preference in Agricultural economy is understandable as is the next most important occupation in the islands. The choice of creative use of free time shows that people have developed interests in culture and art, maybe helping to pass the long winter months. New technologies seem important to those who would like to create their own websites for the promotion of their products or services.

4.2 Findings from the Evaluation of the Second Period Courses and Discussion

The evaluation of the second period courses was effected through online questionnaires completed by the learners in the end of the 2016 courses. The questionnaires contained closed and open questions and 122 learners from all the 14 e-LLLC's participated in the evaluation. Questionnaires were also completed by all the educators, while 4 hour online meetings took place between the educators and the GSLLLY design team on the evaluation of the courses.

From the multitude of findings, we are focusing on those related to the successful improvement of the courses design following the results of the evaluation of the first period courses. Our guidelines in this evaluation were the learners' overall satisfaction and their specific views on their educators, the educational material, as well as the successful design of the online environment and the communication tools. The views of the educators on the strengths and weaknesses of the courses, both in technical and pedagogical design, were also seriously considered.

Learners' satisfaction is considered a key issue when evaluating educational courses (McLaren, 2010; Lowe & Holton, 2005; Hong, 2002; Walker & Hackman, 1992; Sherry, Fulford, & Zhang, 1998). The appeal of the second period courses to the learners is reflected in the following quotations from the learners' answers to the open questions of the evaluation questionnaire:

"I wish that courses like this would be permanently running in the social and educational life in Leipsoi island", "I took advantage of my free time in creative and pleasant way and I came in contact with people miles away", "I heard that lifelong learning courses might stop and I strongly wish that this would not happen. It was the first time I attended these courses and, being unemployed it helped a lot to improve my skills, without cost, as well as my spirits and my self-esteem. I hope we meet again in September!", "Courses should keep on running, especially in remote island areas, as they provide a window of communication for the inhabitants and those who work there", "I got knowledge and skills which are very useful in both my personal and professional life".

All learners but one stated that they would certainly like to attend a similar course and all but three would suggest to someone else to attend.

As far as the strengths and weaknesses of the courses the answers of learners and educators have been categorized and are presented in Table 4.

Table 4. Strengths and weaknesses of the courses according to the learners' and educators' views

	Strengths	Weaknesses
	• Educational opportunities without territorial	Short duration of the course
	restrictions	 Some learning groups were overcrowded
rs	 Education of people in remote areas 	• Limited use of microphone and camera by the
ato	 The technical support team of the program 	learners
nci	 Collaboration and interaction with the learners 	 Technical problems in connectivity
Ed	Organization of the program	• Different skill levels of learners in computer
	 Interest shown by the learners 	use
	Educational material	• Lack of educational material in some learning
	Flexibility	courses
	Creative use of free time	• Technical problems (i.e. low Internet speed in
	 Interesting learning subjects 	the islands, insufficient technical equipment,
	 Useful in professional development 	poor audio signal sometimes, the platform
	 The flexibility of the program 	could not support more than 4 web cameras
	 Freedom from space restrictions 	simultaneously)
LS	 Collaboration and communication 	Short duration of the course
ne	 Acquirement of new knowledge and 	• Certain courses (theater workshop, and,
ear	updating the existing one	photography workshop) seem incompatible
Ľ	The distance learning	with e-learning
	• Familiarization with the internet and the	• Lack of immediacy with the other learners due
	possibilities it offers	to limited use of microphones
	• The educator	• Large number of learners in some courses,
	Pleasant course and interesting activities	classes should be limited to 10 persons
	 Possibility to learn in remote areas 	
	 Immediacy, convenient days and hours 	

The evaluation results on the educators, whose the important role in online learning is stressed in literature (An, Shin, & Lim, 2009; Salmon, 2004; Rovai, 2007), are very encouraging. As shown in Table 5 the vast majority of learners declared very satisfied by their educators at rates over 93% in all investigated parameters.

Table 5. Learners' appreciation of their educators in various parameters

	Satisfied with the educator					
	Not	A little	So and So	Much	Very much	Don't
	at all					know
Preparation	0.84%	0.84%	5.04%	23.53%	69.75%	
Transfer of knowledge	0.84%	1.68%	4.20%	24.37%	70.59%	
Creation of collaborative spirit	0.84%	1.68%	2.52%	22.69%	70.59%	
Responsiveness to learners during the asynchronous learning periods		2.52%	4.20%	20.17%	73.11%	0.84%
Committed				15.97%	83.19%	
Facilitation of active learners' participation during synchronous meetings	0.84%	0.84%	3.36%	24.37%	70.59%	
Facilitation of active learners' participation during asynchronous learning periods	0.84%	0.84%	4.20%	24.37%	68.07%	1.68%
Best use of educational time	0.84%	0.84%	4.20%	21.85%	72.27%	
Supplementary educational material, notes, exercises provided by the		0.84%	3.36%	27.73%	68.07%	
Response to the learner's needs	0.84%		5.04%	21.85%	72.27%	

Expressing the views on the educational material, which was one of the weak points of the first period courses, the learners of the second period were very pleased at very high percentages as shown in Table 6.

Analyzing the data of Table 6 the categories "much satisfied" and "very much satisfied" added together exceeded 80% in all the investigated aspects of the educational material. The learners found that the educational material was useful (86.55%), understandable (91.59%), it covered their needs (81.51%), and interesting (89.91%). They also rated the activities easy in content (88.23%), easy to accomplish (89.07%), and interesting (88.23%). The possibility to store and reuse the material was also "much" and "very much" satisfactory (94.95%), as was the quality of sound and image (89.91%).

	Satisfied with the educational material					
	Not at all	A little	So and So	Much	Very much	Don't know
Useful	0.84%	3.36%	7.56%	34.45%	52.10%	1.68%
Understandable	0.84%	0.84%	5.88%	29.41%	62.18%	
Covering the learners' needs	1.68%	2.52%	14.29%	27.73%	53.78%	
Interesting	0.84%	1.68%	7.56%	28.57%	61.34%	
Activities easy in content		0.84%	10.92%	37.82%	50.42%	
Activities easy to accomplish		0.84%	9.24%	33.61%	55.46%	0.84%
Interesting Activities	0.84%	0.84%	10.08%	31.09%	57.14%	
Possibility to store and reuse		0.84%	1.68%	31.09%	63.87%	2.52%
Quality of sound and image	0.84%	0.84%	8.40%	31.93%	57.98%	

Table 6. Learners' satisfaction in relation to the educational material

A very encouraging finding of this evaluation was that the weaknesses of the first period courses in the usability and the facilitation of communication, as well as the development of interaction between the participants through the Moodle platform appear to have improved considerably through the use of asynchronous and synchronous platforms in the second period.

The learners, in their vast majority, found the synchronous BBB platform:

- Usable ("very much" 57.98% and "much" 30.25%)
- Facilitating the communication with the educator ("very much" 58.82% and "much" 31.93%)
- Facilitating the communication between learners ("very much" 52.945 and "much" 33.61%).

The learners highly appreciated the communication tools of the platform such as the synchronous discussion in the main forum and the possibility of a private conversation (the "very much" and "much" answers add to 86.55%).

The asynchronous customized Moodle platform of the second period was considered to facilitate learners' communication with the educator at the same level as for the BBB platform (52.10% "very much" and 36.97% "much"), as well as the communication between learners (50.42% "very much" and 33.61% "much"). The communication tools most used for the communication between educator and learners during the asynchronous sessions were:

- The forum (40.33% "very much" and 30.52 % "much")
- The announcement board (40.33% "very much" and 24.36% "much")
- The chat (41.17% "very much" and 23.52% "much")
- The e-mail (30.25% "very much" and 21% "much").

The communication tools most used for the communication between learners during the asynchronous sessions were:

- The chat (26.89% "very much" and 19.32% "much")
- The forum (15.12% "very much" and 18.48% "much")
- The e-mail (13.44% "very much" and 10.08% "much").

The percentages of learners that did not use at all the e-mail (44.53%), the forum (28.57) and the chat (19.32%) for their communication with other learners are impressive but can be explained partly due to the fact that learners lived on the same island and knew each other, or the communication culture in an online environment was not sufficiently developed. Another interesting point is that the use of the forum and the chat as tools for the communication with the educator was higher than for the communication with other learners (70.85% against 33.50% for the forum and 64.69% against 46.21% for the chat, respectively), something that can justified by the fact that learners live on a small island and can communicate live, while the educator is located far away.

Regarding the educators, despite the problems they met during the implementation of the courses (see Table 4), they all stated that they would like to continue teaching in e-LLLCs and in their vast majority (88%) declared that they would like to be further trained in teaching online. Their preferences in training content were "teaching their subject online",

"tools and good practices they could use online" and "lesson design by using web 2.0 tools". All the educators agreed that the training in the seminars implemented before the courses started was absolutely necessary and very important and useful, a view which is in line with the relevant literature (Elbaum, McIntyre, & Smith, 2002; Salmon, 2004; Pavlis-Korres, 2010; Kearsley, 2000; Shank, 2004).

The main proposals by the learners were: "to resolve the technical problems", "to have blended courses for some thematic subjects", "to run smaller learning groups", "to increase the duration of the course in some thematic subjects" and develop extra levels for those intended to engage more and "to have the possibility of uploading the online meeting to the platform, so that absentees may catch up".

The main proposals by the educators were "to tackle the technical problems", "to have meetings between educators for the exchange of good practices", "the educators to be systematically and continuously trained", "learning groups to consist of 10 to 12 learners", "all learners to be familiarized with the use of the platforms" and "to have more courses and increase the duration in some thematic subjects".

5. Conclusions

The development of e-learning courses by the GSLLLY during the last decade is divided in two periods. The first period courses materialized from 2008 to 2011 and the second period courses from 2014 to 2016. In the design of the second period courses the experience and the outcome of the evaluation of the first period courses were taken into consideration and effort was made to exploit the possibilities of educational technology and to integrate the principles of adult education in online courses. Basic elements in the design and implementation of the second period courses were the replacement of face to face meetings with synchronous online meetings, the training of the educators on teaching in an online environment, the better use of communication tools in both synchronous and asynchronous learning environment and the creation of interactive multimedia educational material.

As it comes out of the evaluation of the second period courses the handling of technical problems, the proper and continuous training of the educators on online teaching, the attractive multimedia educational material, the familiarization of the learners with the learning platforms and the use of synchronous communication tools resulted in the vast improvement of the first period weaknesses, which led to a positive response by the learners and enhanced the further development of online courses aiming to make these courses more attractive and efficient. The encouraging results of this evaluation further stress the importance of careful and detailed analysis of evaluation findings, as these form the prerequisites for the further improvement of online courses in the future overcoming space and time limits, offering educational solutions to remote areas, as in our case to the scarcely inhabited Greek islands.

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