

# Investor Sentiment: How It Drives Stock Returns

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## Abstract

As investors become more involved in financial markets, the “rational person” assumption of traditional finance theory is facing challenges. And the rise of behavioral finance has made investor sentiment the central topic of research. This article seeks to explore how investor sentiment influences stock returns and systematically examine this issue from three different perspectives: firstly, analyze the multidimensional factors that affect investor sentiment, including individual level, stock level, and environmental level; secondly, we will analyze investor sentiment’s impacts on stock returns, including positive and negative effects, short-term and long-term effects, the impact of different market environments and stocks; finally, various methods for measuring investor sentiment are summarized, including directly or indirectly related index indicators, composite index indicators, and media or text data index indicators. Building on the summarized research conclusions, this article highlights directions for future research. The objective is to conduct an in-depth analysis of the long-term impact mechanisms of investor sentiment and to investigate effective methods for utilizing sentiment indicators to enhance the accuracy of market forecasting.

**Keywords:** investor sentiment, factors influencing, stock returns, measurement methods

## 1. Introduction

The expanding economy and rising national income levels have significantly increased investor participation in financial markets, especially stock trading. This challenges the assumption of “rational person” agents in traditional financial theory. The “rational person” hypothesis holds that investors will make decisions entirely based on reason, unaffected by emotions, and pursue maximum benefits. The Efficient Market Hypothesis (EMH) also supports this view, stating that in markets with sufficient information and active trading, investor sentiment does not significantly impact individual stock returns (Li, 2022). However, in recent years, numerous studies have shown that investor sentiment does indeed have an impact on the stock market (Meng et al., 2022). With the rise of behavioral finance, scholars have begun to realize that investors’ decisions are not only based on rational analysis, but investor sentiment also plays a key role. Therefore, studying the impact of investor sentiment on stock returns has become a focus of academic attention.

The concept of investor sentiment originated internationally and remains a complex and subjective field. There is no consensus in academia regarding its definition, as researchers interpret it differently based on their perspectives and theoretical frameworks (Wang et al., 2020). Zweig (1973) was the first scholar to propose the concept of investor sentiment, which he believed was a bias in investors’ estimation of the future value of a company. Delong & Summers (1990) first identified investor sentiment as an important subject of financial research in the noise trading model (DSSW) and systematically analyzed its impact on stock prices. The research contributes to the advancement of financial theory by elucidating the impact of investor sentiment on stock returns, thereby providing a novel perspective on investor behavior. As a result, investor sentiment has attracted considerable scholarly interest, resulting in the publication of a substantial number of related academic articles.

This article reviews recent relevant literature, aiming to provide theoretical basis and direction guidance for future research on the effective utilization of sentiment indicators in predicting market trends. It explores factors that affect investor sentiment, the impact of investor sentiment on stock returns, and methods for measuring investor sentiment. Finally, through systematic induction and analysis, this article provides prospects for potential research directions in the future.

## 2. Factors that Affect Investor Sentiment

The formation process of investor sentiment is relatively complex, therefore it is influenced by multiple factors. From existing literature, factors that can affect investor sentiment can be divided into three aspects: individual factors, market factors, and environmental factors.

## 2.1 Individual Factors

In the socio-economic environment, individuals exhibit multidimensional diversity, including age, personality traits, etc., which collectively affect their perception and response patterns to specific events. In the stock market, emotional reactions as individual factors have become a key factor influencing market behavior and decision-making (Yin, 2020). Therefore, in-depth exploration of the impact of individual factors on investor sentiment is of great significance for analyzing investor sentiment.

Regarding the impact of age on investor sentiment, research has shown that as age increases, investors exhibit more cautious and rational characteristics in decision-making (Eberhardt et al., 2019; Mueller et al., 2020), which may be related to the accumulation of experience and market understanding. Yin (2020) also found an inverted U-shaped relationship between age and emotional state. This suggests that both younger and older investors exhibit more stable emotional responses, whereas middle-aged investors may experience more pronounced emotional variability. Consequently, this reflects a non-linear relationship between age and investor sentiment, highlighting the disparities in emotional performance across different age demographics.

Additionally, personality traits significantly shape investors' emotional responses. Individuals with extroverted traits tend to display positive emotions in response to market increases, which is positively associated with their investment performance. Conversely, investors exhibiting high levels of neuroticism are more likely to experience negative emotions during market declines, which correlates negatively with their investment returns (Wang et al., 2014). Furthermore, Sachdeva & Lehal (2023) further explored the research results of Wang et al. (2014) and found that agreeableness and conscientiousness also have a significant impact on investment decisions. Investors with higher levels of conscientiousness tend to invest in the long term, while those with higher levels of neuroticism may exhibit more anxiety and insecurity in the short term.

Apart from age and personality traits, various individual characteristics also influence investor sentiment. Among them, educational background, income level, investment experience, household asset scale and proportion of stock investment have significant effects on investor sentiment (Yin, 2020). Notably, higher levels of education, income, extensive investment experience, and larger family asset sizes are frequently correlated with more favorable investment sentiment.

These investigations collectively underscore the intricate role of individual characteristics in the realm of investment decision-making. They highlight that personality traits affect investor emotions behaviors through a multitude of psychological mechanisms and moderating variables.

## 2.2 Stock Factors

Investor sentiment in financial markets is shaped by three primary elements: stock fundamentals, technical analysis, and news factors, each contributing uniquely to market behavior. Fluctuations in these factors profoundly influence investor sentiment by either amplifying irrational market behavior or encouraging rational investment decisions. Specifically, these dynamics may either exacerbate investors' responses, resulting in irrational volatility in stock prices, or they may facilitate more rational investment decisions (Han & Wu, 2007; Meng et al., 2022). Consequently, it is essential to comprehend and analyze the influence of these stock factors on investor sentiment.

### 2.2.1 Fundamental Factors of Stocks

Stock fundamentals represent an analytical approach utilized to assess the intrinsic value of stocks through the examination of macroeconomic indicators, industry trends, financial conditions, and various other determinants. In general, the level of macro-economic development and the quality of micro-financial statements can significantly affect investor sentiment, subsequently impacting stock market returns.

At the macro level, economic prosperity (Cui et al., 2016) and positive macroeconomic fluctuations (Xie & Tang, 2021) not only directly enhance investor confidence, but also have a positive effect on returns by increasing stock market liquidity. In addition, macroeconomic policies, especially monetary policies, have a direct impact on investor sentiment (Chen & Zheng, 2017): loose monetary policies encourage funds to shift from low yield savings to high-yield stock markets, boosting investor sentiment. On the contrary, tightening policies leads to a decline in emotions (Wang & Wang, 2020). Frequent policy changes can easily trigger investor pessimism, which in turn affects stock market returns, and uncertainty is transmitted through pessimistic channels (Hu & Luo, 2022). At the micro level, the quality of financial statements also affects investor sentiment and market reactions (Liu et al., 2018). High quality accounting information disclosure can effectively reduce the impact of sentiment on stock returns and minimize overreactions or erroneous decisions caused by information asymmetry.

### 2.2.2 Technical Factors of Stocks

The technical analysis of stocks constitutes a systematic methodology aimed at predicting stock price fluctuations through the examination of market trading data. This analysis encompasses various components, including price trends,

trading volumes, and an array of technical indicators. Collectively, these elements, in conjunction with other factors such as stock price and trading volume, significantly impact investor sentiment.

Fluctuations in stock prices significantly influence investor sentiment. High prices often elicit optimism, while low prices evoke pessimism (Han & Wu, 2007; Chan & Fong, 2010). An increase in stock prices typically elicits positive and optimistic emotions among investors, potentially establishing a positive feedback loop that further propels stock prices upward. Conversely, stagnant stock prices may evoke pessimistic sentiments among investors, which can hinder price appreciation or even precipitate a decline in stock values. Additionally, stock trading volume plays a crucial role in shaping investor sentiment (Huang et al., 2020). Research conducted by Yang (2016) indicates that the discount rate of closed-end funds and the volume of new account openings serve as effective measures of investor sentiment within the Chinese stock market, with trading volume demonstrating a significant correlation with these metrics. An increase in trading volume often attracts more investors, signaling positive market sentiment. Other factors in the technical aspect, including price-to-earnings ratios and stock return inertia indicators, significantly influence investor sentiment (Liang, 2010). Stocks characterized by high market capitalization, volatility, and price-to-book ratios are particularly susceptible to the effects of investor sentiment (Song & Li, 2012). From a technical standpoint, there is a clear relationship between stock prices and investor sentiment, where increased trading volume indicates positive sentiment and correlates with various other indicators.

### 2.2.3 News Factors of Stocks

From the perspective of stock news, in today's information age, media reports with efficient dissemination can swiftly communicate events to investors. Additionally, stock reviews offer investors multidimensional interpretations through comprehensive analysis and insights. Consequently, both media reports and stock reviews play a crucial role in shaping investor sentiment and are key factors that guide investment decisions.

Firstly, media coverage, with its unique breadth, has a significant impact on investor sentiment in terms of tone and content (Wang & Wu, 2015; Yin, 2016). The optimistic tendency reported by the media can significantly boost emotions and increase investors' confidence in trading. The negative media tone is negatively correlated with the Initial Public Offering (IPO) underpricing rate, first day turnover rate, and over fundraising ratio. This indicates that negative emotions may prompt investors to adopt more cautious investment strategies. Secondly, with the development of Internet technology, investors tend to make decisions through stock comments, which gradually become an important indicator of investor sentiment (Meng et al., 2022). Empirical studies indicate that stock reviews can both mirror and shape the emotional fluctuations of investors, thereby affecting their short-term decision-making processes. For instance, research conducted by Bu et al. (2018) utilizing data from the Oriental Wealth Network revealed that investors' emotional predispositions prior to market opening can significantly influence the initial assessment of stock value. Furthermore, once the trading session commences, the emotional shifts captured in real-time stock market commentary exert a more pronounced effect on the closing prices and daily trading volumes of the stocks in question.

### 2.3 Sampling Procedures

In terms of environmental factors, market and external environment affect investor sentiment through multiple mechanisms. Consequently, this sentiment affects stock returns and investment decisions.

In a bull market, the prevailing market conditions typically foster a more optimistic investor sentiment, which can result in an increase in both stock prices and trading volume. Empirical studies indicate that investor sentiment during bull markets serves as a more effective predictor of stock market performance compared to its role in bear markets (Zhang & Wang, 2014). Conversely, in bear markets, investor sentiment tends to be predominantly negative, potentially leading to a decline in stock prices and a reduction in trading volume. Research has demonstrated that investor sentiment exerts a more pronounced influence on stock returns in the Shanghai and Shenzhen stock markets during bear markets than in bull markets (Rao & Tu, 2016). This suggests that negative investor sentiment in bear markets may intensify the downward trajectory of stock prices.

In examining the external environment, Hirshleif and Shumway (2003) identified a positive correlation between sunshine and stock returns, suggesting that favorable weather conditions may enhance investor sentiment. Conversely, Goetzmann et al. (2015) observed that overcast weather can lead to an overvaluation of stocks among investors, subsequently increasing their propensity to sell. Additionally, Kamstra et al. (2003) demonstrated that seasonal variations also influence investor sentiment. Specifically, during the spring, investors tend to exhibit a typical level of risk aversion and engage in rational decision-making. In contrast, winter months are characterized by heightened emotional fluctuations and increased risk aversion, which can significantly impact investment choices.

## 3. The Main Impact of Investor Sentiment on Stock Returns

Currently, the evolution of behavioral finance has progressively challenged the traditional financial theory's assumption of the "rational person". Numerous scholars have empirically demonstrated that investor sentiment can influence stock

returns (Wen et al., 2014). Nonetheless, there exists a variety of perspectives within the academic community concerning the specific mechanisms through which these impacts are generated. These viewpoints can be broadly categorized into several distinct groups.

### *3.1 Positive or Negative Impact*

The impact of investor sentiment on market returns is controversial. Some studies point out that it has a positive impact. Lee et al. (2002) analyzed with GARCH model and revealed that investor sentiment has a positive effect on market returns. The research of Wang & Sun (2004) further confirmed that the degree of optimism of investor sentiment is positively correlated with market returns. Zhu & Zhang (2008) also pointed out that when investor sentiment is high, the return rate of the stock price index rises significantly. Using GARCH-M model, Zhang & Yang (2009) also found that investor sentiment has a positive promoting effect on stock prices. The research of Zhang & Wang (2013) shows that emotional fluctuations caused by subjective belief adjustment have a positive impact on market return and volatility. Wang (2014) measured investor sentiment through the net inflow of open-end stock funds and found that there was a positive feedback mechanism between the two.

However, some studies suggest investor sentiment may negatively impact market returns. Schmeling (2009) studied the relationship between investor sentiment and stock returns in 18 industrialized countries. Taking consumer information index as sentiment indicator, Schmeling believed that investor sentiment had a negative impact on stock market returns. Zhao & Li (2019) also constructed a vector autoregressive VAR model and believed that rising sentiment index would lead to a decline in short-term stock returns. Zhang & Guo (2020) also reached a similar conclusion by using K-means cluster analysis. Yang et al. (2022) pointed out that there is a negative correlation between shareholder sentiment and the return rate of relevant indices through text sentiment analysis.

The findings of these studies underscore the intricate nature of the relationship between investor sentiment and market returns. Most empirical research has identified a positive correlation between investor sentiment and market returns, suggesting that heightened investor sentiment typically correlates with increased market returns. However, there is a subset of studies that have documented negative associations between these variables through various methodological approaches. Such adverse effects may arise from an overabundance of optimism in market sentiment or from heightened market volatility induced by irrational investor behavior.

### *3.2 Short-term or Long-Term Impact*

In the research on the relationship between investor sentiment and stock market returns, many studies show that investor sentiment has a significant positive impact on short-term returns. Brown & Cliff (2004) research shows that stock returns are closely related to investor sentiment, and sentiment is positively correlated with returns in the short term. Rao & Wang (2010) further pointed out that media attention has a positive effect on short-term stock returns by influencing investor sentiment. The conclusions drawn by Yao et al. (2018) using a mixed-frequency data sampling model and Meng et al. (2022) using a weighted naive Bayes classification model both support this viewpoint. However, Duan et al. (2017) applied the SVM algorithm to research. They pointed out that investor sentiment is positively correlated with the return rate of individual stocks on the same day. However, the ability to predict the return rate in the next two days is limited. Xie & Tang (2021) proposed that positive investor sentiment may lead to short-term overheat in the stock market, which may turn negative after 1 to 2 months.

But the impact on long-term returns is controversial. Bu et al. (2018) also tested the prediction efficiency of investor sentiment on future market returns, trading volume and volatility. It is found that it only has a significant impact on the current rate of return, and has no predictive ability for the future. However, the research of Wang & Sun (2004) and Zhang & Liao (2009) shows that investor sentiment not only has a significant positive impact on stock market returns, but also can effectively predict future stock returns and volatility. Conversely, Wu & Han (2007) took the discount of closed-end funds as the sentiment indicator to further confirm that sentiment has a positive impact on market returns in the short term, but may have a reverse effect in the long run. The aggregate effect study by Jiang, & Wang (2010) shows that sentiment is positively correlated with short-term market returns, but negatively correlated with long-term market returns. Ni et al. (2015) also used the panel quantile model to find that investor sentiment has a significant impact on short-term high-yield stocks, while it has a significant negative impact on long-term low-yield stocks.

Although mainstream academic literature widely agrees that investor sentiment has a positive driving effect on market returns in the short term. This is reflected in the positive correlation between market sentiment indicators and short-term market returns. The argument about its long-term impact appears more complex and diversified. Some studies have revealed that investor sentiment may lead to negative effects such as increased market volatility in the long term, which in turn can have adverse effects on long-term returns. These studies suggest that irrational market sentiment may inflate valuations in the short term. However, over time, the market tends to revert to fundamentals, leading to price corrections and reduced long-term returns.

### 3.3 Impacts in Different Market Environments

Many scholars have found that there are significant differences in investors' reactions to changes in stock returns between bull and bear markets. He & Li (2007) and Gu & Jin (2013) pointed out that there are significant differences in the impact of investor sentiment on stock returns between bull and bear markets. In a bull market, the volatility generated by positive news is greater than that generated by negative news, while in a bear market, the opposite is true (An & Guo, 2009). This indicates that there are significant differences in the sensitivity of investors' reactions and the volatility of expected returns when facing different market information. Yin & Wu (2019) further argue that investor sentiment has a strong predictive ability for intraday stock returns during bull markets, while it exhibits a significant lag effect during bear markets. The reason is that during a bull market, stock market trading is active, investors' emotions are high and overconfident, their attention to information decreases, and they are prone to herd behavior, leading to a weakened interaction between emotions and returns. On the contrary, during bear markets, the stock market performs poorly, and investors are cautious. Discussions on stock price trends receive more attention on stock bar platforms, creating a strong emotional atmosphere that significantly affects stock price fluctuations (Fan et al., 2021). At this point, investors are more sensitive to changes in stock prices, and a decline in stock prices can easily trigger panic, thereby increasing the impact of emotions on changes in stock returns.

The impact of investor sentiment on stock returns shows significant differences between bull and bear markets, which deepens the understanding of the dynamic relationship between market sentiment and asset prices. Specifically, during a bull market, investor sentiment is optimistic and high, becoming an important driving force for stock price increases, forming a positive feedback mechanism between sentiment and returns. During a bear market, investor sentiment shifts towards pessimism and caution, exacerbating market selling and resulting in a decline in stock prices and negative growth in returns. Compared to a bull market, the negative impact of sentiment on returns is more significant in a bear market, as panic selling and lack of confidence amplify market volatility and downside risks. Therefore, when analyzing the performance of the stock market, we should fully consider the mechanism of investor sentiment in different market environments.

### 3.4 Impacts Under Different Types of Stocks

The impact of investor sentiment on different types of stocks varies, with small cap stocks being more susceptible to emotional fluctuations and large cap stocks being more stable. Brown & Cliff (2004) found through various classification studies that investor sentiment has a particularly prominent impact on small cap, newly issued, and high growth stocks. Baker & Wurgler (2006) empirically found that investor sentiment is significantly negatively correlated with small stock returns. Furthermore, Baker & Wurgler (2007) pointed out that there are differences in the sensitivity of stock types to investor sentiment. Small cap, young, highly volatile, or loss making companies are more susceptible to emotional drive, while large cap, profitable, and stable companies are more stable, and emotional fluctuations have limited impact on them. Fan et al. (2021) and Cheng & Zhang (2023) both found that small and medium-sized stocks are more susceptible to market sentiment because of their smaller market value. Meanwhile, large cap stocks have a slower response but show self-regulation ability under extreme market conditions. This is attributed to the stable market characteristics and high information transparency of large cap companies. In large cap companies, investors rely more on public information for decision-making. Emotional fluctuations have limited impact on them. On the contrary, small market value companies have low information transparency and high information dissemination costs. Investors of small market value companies are more concerned about stock price fluctuations, making their emotions easily influenced by prices. In addition, Yi et al. (2014) found that investors' preferences for asset classification affect investment decisions, while Zhao & Qu (2022) pointed out that the stock returns of basic industries such as transportation are significantly affected by emotions, but the impact is temporary.

Based on this, we can further explore the specific mechanism and performance of how investor sentiment affects stock returns. Most scholars have pointed out through empirical research that investor sentiment can directly affect investors' decisions, thereby having a differentiated impact on stocks with different characteristics. This impact is manifested as small cap stock being more sought after and their returns correspondingly increasing when emotions are high. When in a low mood, investors are more inclined to seek safety and choose large cap stocks as safe havens.

## 4. Methods for Measuring Investor Sentiment

In the context of accurately assessing investor sentiment, contemporary academic literature has identified several indicators for this purpose, which can be broadly categorized into four distinct groups.

### 4.1 Directly Related Index Indicators

Index indicators that are directly associated with investor sentiment are primarily derived from data collected through market research. These indicators encapsulate investors' anticipations and perceptions regarding the future trajectory of the market. There are many index indicators related to investor sentiment, such as Investor Intelligence index (Lee,

2002), American Association of Individual Investors Index (Brown & Cliff, 2004), CCTV watch Index (Wang & Sun, 2004), Investor confidence Index (Xue, 2005), Consumer confidence index (Michael & Evgenia, 2006), Good and bad index (Lu & Chen, 2013), and aggregate investor sentiment performance (Barber & Terrance, 2001) through questionnaires and surveys.

This measurement approach facilitates the direct acquisition of information from investors, thereby minimizing intermediary errors and enhancing accuracy and reliability (Xin & Guo, 2015). Nonetheless, it is important to acknowledge that substantial measurement discrepancies exist, which may not adequately capture the overall market sentiment (Meng et al., 2022; Cheng & Zhang, 2023). Consequently, an exclusive reliance on direct indicators for assessing investor sentiment may only provide insights into the emotional responses of a subset of investors under particular circumstances.

#### *4.2 Indirectly Related Index Indicators*

The indicators that are indirectly associated with investor sentiment primarily derive from stock market information, serving as proxies for investor sentiment. These indicators are characterized by well-defined measurement methodologies and objective data. Examples of indicators that are indirectly related to investor sentiment include closed-end fund discounts (Wu & Han, 2007), trading volume (Baker & Wurgler, 2006), turnover rate (Baker & Wurgler, 2007), volatility (Uygur & Ta, 2014), market liquidity levels (Baker & Stein, 2004), IPO issuance volume (Derrien, 2005), IPO first-day return rates (Aissia, 2014), and the number of new investor account openings (Liu & Liu, 2014), among others.

This measurement approach provides a direct insight into the decision-making processes of investors via technical indicators, while also serving as an indirect gauge of investor sentiment. However, its reliability is susceptible to fluctuations in the market (Xiang & Lu, 2018). Moreover, reliance on a singular indicator fails to adequately account for the effects of irrational market sentiment (Chi & Zhuang, 2011). Given the intricate and dynamic nature of irrational emotions within the market, a solitary indicator is insufficient to encompass all relevant influencing factors.

#### *4.3 Composite Index Indicator*

Currently, a majority of researchers have embraced a multifaceted measurement approach. This approach employs various indicators to assess investor sentiment in their investigations concerning the influence of investor sentiment on stock returns. The initial implementation of this methodology can be attributed to Baker & Wurgler (2006), who utilized principal component analysis (PCA) to amalgamate six significant indicators, including closed-end fund discounts, trading volume, IPO counts, and first-day returns, thereby creating the Investor Sentiment Composite Index (BW Index). Subsequently, numerous scholars have adopted Baker & Wurgler's framework, employing PCA to develop a comprehensive measure of investor sentiment. For instance, Yi & Mao (2009) identified six indicators, encompassing closed-end fund discounts, IPO-related metrics, and the consumer confidence index, to formulate the China Stock Market Investor Sentiment Composite Index (CICSI). Similarly, Xiang & Lu (2018) devised a high-frequency investor sentiment composite index relevant to both market and individual stock levels, utilizing five indicators, including turnover rate and relative strength index. Sun (2022) also selected six indicators, including the discount rate of closed-end fund discounts, to create an investor sentiment index, highlighting its positive correlation with stock returns. Furthermore, other methodologies have been employed by scholars to construct comprehensive indicators of investor sentiment; for example, Chi et al. (2012) applied Kalman filtering, Wang & Hao (2014) utilized partial least squares, and Wang et al. (2021) developed a functional investor sentiment index.

The development of a comprehensive index of investor sentiment encompasses multiple dimensions and offers a more nuanced representation of the influence of investor sentiment on stock returns. Nevertheless, the limited timeliness of these indicators (Cheng & Zhang, 2023), poses challenges in accurately capturing real-time fluctuations in market sentiment.

#### *4.4 Media or Text Data Index Indicator*

The swift advancement of the Internet and the emergence of the Web 2.0 era have led to an increasing number of investors utilizing online platforms for the exchange and acquisition of information. This trend reflects investor sentiment during that time. Based on this, scholars have begun to redirect their focus towards the examination of investor sentiment through the lens of online information. Antweiler & Frank (2004) chose Yahoo Finance and its online message board (referred to as Stock Bar), studied over 1.5 million text messages, and constructed an investor sentiment indicator. Sprenger et al. (2014) obtained post information from Twitter. Meng et al. (2016) acquired massive text information from nine well-known financial websites. Sun & Li (2020) retrieved information from Sina Weibo. Yin & Wang (2024) mined posting information from Oriental Wealth Network. They separately constructed indicators of investor sentiment, and both concluded that text messages can influence investor sentiment. Yao et al. (2021) constructed a financial sentiment dictionary and constructed investor sentiment indicators based on annual reports of

listed companies and social media texts. The study found that these sentiment indicators have an impact on stock returns.

These methods can quantitatively analyze the impact of investor sentiment on stock returns through data analysis (Wang et al., 2015). The large amount of data obtained is also comprehensive and can reflect real-time changes in market investor sentiment. However, textual data contains a large amount of useless and irrelevant information (Feng, 2024). How to extract valuable information from massive data and apply it to the construction of investor indices has become a research challenge.

## 5. Conclusion

This article provides a synthesis of prior scholarly research and examines the influence of investor sentiment on stock returns. The investigation encompasses three primary dimensions: firstly, the diverse factors that influence investor sentiment; secondly, the relationship between investor sentiment and stock returns; and thirdly, the specific methodologies employed to quantify investor sentiment. Draw the following conclusion: (a) Investor sentiment is shaped by a variety of determinants. Individual characteristics such as age, personality traits, educational background, income level, and the size of household assets play a crucial role in influencing investors' emotional reactions, risk tolerance, and decision-making processes. Additionally, stock-specific factors, which encompass the fundamentals, technical analysis and news, can elicit changes in investor sentiment. Meanwhile, the broader market environment and external influences also significantly affect investor sentiment. (b) The influence of investor sentiment on stock returns is a multifaceted topic within academic literature. The prevailing perspective suggests that, in the short term, elevated levels of investor sentiment tend to positively correlate with market returns. However, empirical research indicates that extreme emotional states, whether excessively optimistic or pessimistic, can lead to a decline in market returns, thereby exhibiting a negative effect. Moreover, the impact of investor sentiment on stock returns varies between short-term and long-term horizons; while emotions may play a dominant role in the short term, long-term returns are more significantly shaped by intrinsic stock characteristics. Additionally, this influence is characterized by heterogeneity across different market conditions, such as bull and bear markets, as well as among various types of stocks. (c) Presently, a range of methodologies exists for assessing investor sentiment, encompassing direct correlation index indicators, indirect correlation index indicators, composite index indicators, and real-time sentiment analysis utilizing textual or media data. Each of these approaches possesses distinct advantages and limitations, rendering them suitable for specific contexts. Consequently, it is prudent to conduct a thorough evaluation of various factors in order to select the most appropriate method for accurately quantifying investor sentiment in the prevailing circumstances.

Finally, through a systematic induction and analysis of the extant academic literature, this study delineates a novel avenue for future research: to explore the long-term impact mechanisms of investor sentiment in depth and to develop effective strategies to utilize sentiment indicators to enhance the accuracy of market predictions. This initiative aspires to aid investors in making more informed and rational investment decisions within the context of a rapidly evolving market landscape. It ultimately aims to optimize investment efficiency and performance returns.

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**Data sharing statement**

No additional data are available.

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